6 week Emotionally Intelligent Parenting

Program

## TUNING IN TO TEENS

Where: Samaritans, 4a Pacific

Highway, Gateshead

When: 10AM-12PM Term 1 2019

Every Tuesday, 12th Februray-

19th March

Contact: Samaritans EIA/CT

4942 5275

What: Tuning in to Teens supports parents to enhance teens emotional intelligence. A program that aids in developing tools to overcome conflict. Encourage talking and understanding your teen and build upon stonger and positive relationships

